

Kings Head Canter 5 K 2023

Kings Head Canter 5k

28 August 2023

Place	Time	Name	Team	Category	Race No	Grading
1	00:15:26	WALKER, Max	Army AA	Senior Men	265	84.1
2	00:15:34	BURGESS, Joshua	Lewes AC	Senior Men	38	84.0
3	00:15:36	DAWSON, Nick	Brighton & Hove City AC	Senior Men	66	84.2
4	00:15:39	TURNER, James	Brighton & Hove AC	Senior Men	3115	83.9
5	00:16:16	MARSDEN, Patrick	Polegate Plodders	Senior Men	163	82.5
6	00:16:19	GREEN, Andrew	Uckfield Runners	Senior Men	107	79.6
7	00:16:29	SKINNER, James	Haywards Heath Harriers	Vet Men 50-54	234	90.2
8	00:16:39	TOMSETT, Luke	Eastbourne Rovers AC	Senior Men	254	78.0
9	00:16:42	PIPER, Luke	Brighton Phoenix	Senior Men	207	77.7
10	00:16:43	CLAYS, Jon	Brighton Phoenix	Vet Men 40-44	49	83.1
11	00:16:47	MULLEN, Russ	Haywards Heath Harriers	Senior Men	180	80.0
12	00:16:48	PEARCE, Fintan	Eastbourne Rovers AC	Junior Men 14-17	199	78.9
13	00:16:52	KNIGHT, Owen	Brighton Phoenix	Senior Men	147	77.0
14	00:16:55	BROCKLEHURST, Ross	Hailsham Harriers	Vet Men 40-44	33	81.5
15	00:16:58	BRISTOW, Howard	Brighton & Hove City AC	Vet Men 45-49	31	85.6
16	00:17:07	FLETCHER, Mike	Lewes AC	Senior Men	84	77.9
17	00:17:13	HOOPER, Tom	Brighton Phoenix	Vet Men 40-44	128	79.7
18	00:17:15	CELANI, Dan	Lingfield RC	Vet Men 40-44	45	81.7
19	00:17:17	WITHECOMBE, Will	Hastings Runners	Senior Men	289	78.2
20	00:17:23	LUMBER - FRY, Fin	Eastbourne Rovers AC	Junior Boys U14	158	80.7
21	00:17:24	TOPPING, Jamie	Haywards Heath Harriers	Vet Men 40-44	255	80.5
22	00:17:38	BRADFORD, David	Lewes AC	Vet Men 40-44	27	78.3
23	00:18:03	VAN WELL, Teo	Arena 80 AC	Vet Men 40-44	261	78.1
24	00:18:05	WELCH, Oliver	Crowborough Runners	Senior Men	273	75.3
25	00:18:05	ALEXANDROU, Nick	Brighton Phoenix	Vet Men 45-49	1	79.2
26	00:18:06	COLEMAN, Sophie		Senior Women	51	81.8
27	00:18:18	NAVESEY, Emma	Lewes AC	Vet Women 35-39	181	81.3
28	00:18:34	ROBERTS, James	Meads Runners	Vet Men 40-44	221	76.0
29	00:18:36	WELLER, Adam	Hastings Runners	Senior Men	274	72.7
30	00:18:39	PEARCE, Freda	Eastbourne Rovers AC	Junior Women 14-17	200	84.6
31	00:18:39	VAUGHAN, Dan	Arena 80 AC	Vet Men 50-54	262	79.7
32	00:18:47	OPPE, Daniel	Lingfield RC	Vet Men 40-44	3227	73.5
33	00:18:49	PETITT, Simon	Lingfield RC	Senior Men	204	69.1
34	00:18:52	MILLS, Damien		Senior Men	177	70.0
35	00:18:56	CHERRY, Toby	Lewes AC	Junior Men 14-17	47	72.4
36	00:18:58	ROBERTS, Byron	Eastbourne Rovers AC	Junior Boys U14	220	76.1
37	00:19:02	BANNISTER, Mike	Brighton & Hove City AC	Vet Men 55-59	9	81.9

38	00:19:03	DAY, Oliver	Burgess Hill Runners	Vet Men 55-59	67	82.5
39	00:19:07	HOLMAN, Chris		Vet Men 40-44	126	71.7
40	00:19:09	MIDDLETON, Milo		Vet Men 40-44	175	71.6
41	00:19:17	BROCKLEHURST, Dan	Wyndham AC	Vet Men 40-44	32	71.1
42	00:19:25	HARVEY, Dave		Vet Men 45-49	116	73.2
43	00:19:27	BRADFORD, Matt		Vet Men 40-44	3069	72.5
44	00:19:29	BENNETT, Colin	Lewes AC	Vet Men 55-59	17	80.0
45	00:19:32	BARTON, Carl	Hailsham Harriers	Vet Men 45-49	13	73.3
46	00:19:39	LAMBERT, Paul	Hastings Runners	Senior Men	150	69.3
47	00:19:58	O'ROURKE, Dermot	Eastbourne Rovers AC	Vet Men 50-54	189	73.9
48	00:20:20	ROYES, Marco	Eastbourne Rovers AC	Senior Men	224	63.9
49	00:20:21	MCDERMOTT, Kirsty	Crowborough Runners	Vet Women 35-39	170	73.1
50	00:20:22	EVANS, Sam		Senior Men	79	63.8
51	00:20:25	LOWDEN, John	Brighton & Hove City AC	Vet Men 60+	155	83.1
52	00:20:38	WESTON, Ian	Polegate Plodders	Vet Men 55-59	278	76.7
53	00:20:39	CUMMINGS, Steve		Vet Men 50-54	60	73.7
54	00:20:51	HUTCHISON, Steve	Eastbourne Rovers AC	Vet Men 50-54	131	70.7
55	00:20:54	GOODHEAD, Jamie	Burgess Hill Runners	Vet Men 50-54	102	71.1
56	00:20:55	ZORN, Duncan	Team Zorn	Vet Men 40-44	297	66.5
57	00:20:55	PARRIS, Alfred	The Three Amigos	Junior Men 14-17	194	62.6
58	00:20:58	LINKLATER, Simon	Hastings Runners	Vet Men 40-44	154	66.8
59	00:21:01	RAWLINSON, Alex	Brighton & Hove City AC	Senior Men	218	61.9
60	00:21:03	FRANKLIN, Rue	Goodgym Race Team	Vet Men 50-54	87	72.3
61	00:21:05	OLIPHANT, Huw		Senior Men	188	63.7
62	00:21:09	MCINTYRE, Rory	Run Wednesdays	Vet Men 50-54	171	70.8
63	00:21:13	TAPLIN, Gareth		Vet Men 45-49	248	68.5
64	00:21:16	DOWLE, Jo	Run Wednesdays	Vet Women 45-49	75	74.6
65	00:21:18	BROOKS, Liam	Polegate Plodders	Vet Men 40-44	34	64.4
66	00:21:32	BLOWERS, Kevin	Hastings Runners	Vet Men 60+	21	74.8
67	00:21:34	O'SULLIVAN, Helen	Hailsham Harriers	Vet Women 45-49	191	74.2
68	00:21:37	BLANFORD, William	Heathfield RRC	Vet Men 60+	20	75.1
69	00:21:38	NEILL, Rosie	Brighton & Hove City AC	Senior Women	183	68.3
70	00:21:39	KNIGHT, Andy	Hastings Runners	Vet Men 60+	146	73.8
71	00:21:40	RING, Daniel	The Three Amigos	Junior Boys U14	3047	68.8
72	00:21:54	WOOD, Caroline	Arena 80 AC	Vet Women 55+	290	84.6
73	00:21:56	ANDREWS, Jonathan	Run Wednesdays	Vet Men 55-59	2	72.2
74	00:21:58	NEWMAN, Alan	Tonbridge AC	Vet Men 60+	184	79.5
75	00:22:02	MILLER, Michael	Arena 80 AC	Vet Men 60+	176	76.2

76	00:22:12	PEARCE, Shaun		Vet Men 50-54	202	67.5
77	00:22:18	WATSON, Jim	Arena 80 AC	Vet Men 50-54	268	67.7
78	00:22:24	DAVIDSON, Neil	Eastbourne Rovers AC	Vet Men 45-49	64	65.3
79	00:22:24	SMITH, Maria	Heathfield RRC / Horam Tardus Cursores	Vet Women 45-49	237	72.2
80	00:22:26	DIPLOCK, Andy	Heathfield RRC	Vet Men 50-54	69	65.8
81	00:22:28	SIMS, Daniel	Uckfield Runners	Vet Men 40-44	233	61.4
82	00:22:28	DONALDSON, Maja		Senior Women	71	65.7
83	00:22:30	BURKITT, Emma	Eastbourne Rovers AC	Vet Women 45-49	39	69.9
84	00:22:31	TAYLOR, Julia Chi	Brighton & Hove City AC	Vet Women 55+	249	86.5
85	00:22:36	PIETZSCH, Flo		Vet Men 45-49	206	62.9
86	00:22:38	DIPLOCK, Edward	Heathfield RRC	Vet Men 50-54	263	66.2
87	00:22:38	TURNER, Martin	Hastings Runners	Vet Men 50-54	259	66.7
88	00:22:41	STEPHENSON, Mark	Arena 80 AC	Vet Men 60+	242	72.1
89	00:22:45	PLAYFOOT, Tim	Wadhurst Runners	Vet Men 60+	209	74.5
90	00:22:49	JEFFRIES, Neil	Hastings Runners	Vet Men 60+	136	71.7
91	00:22:52	MILLS, Chris		Senior Men	3104	56.8
92	00:22:56	PEREZ, Kevin	Hastings Runners	Vet Men 55-59	40	66.9
93	00:22:56	GARDINER, Richard	Run Wednesdays	Vet Men 45-49	95	62.0
94	00:22:58	SMITH, Gary	Hailsham Harriers	Vet Men 50-54	235	66.3
95	00:22:58	SYMES, Trevor	Burgess Hill Runners	Vet Men 60+	247	69.5
96	00:23:02	PRINCE, Lee		Vet Men 45-49	210	63.5
97	00:23:04	HEDGES, Glen	Haywards Heath Harriers	Senior Men	118	57.0
98	00:23:05	GARBETT, Danny	Run Wednesdays	Vet Men 55-59	94	68.6
99	00:23:08	NAYLOR, Chris	Arena 80 AC	Vet Women 55+	182	88.8
100	00:23:09	HOODLESS, Robert	Mid Sussex Triathlon Club	Vet Men 55-59	127	68.4
101	00:23:19	CURRIE, Donald	Hailsham Harriers	Vet Men 55-59	61	67.9
102	00:23:22	PATERSON, Oliver		Senior Men	196	55.8
103	00:23:23	WORSELL, David	Lingfield RC	Vet Men 50-54	293	63.6
104	00:23:33	BOERSMA, Kim		Vet Women 45-49	23	69.4
105	00:23:34	BLACKWELL, Michelle	Portslade HedgeHoppers	Vet Women 55+	18	75.9
106	00:23:37	THOMPSON, Mike	Eastbourne Rovers AC	Vet Men 60+	252	71.2
107	00:23:43	LUGG, Christopher	Uckfield Runners	Vet Men 40-44	157	59.5
108	00:23:44	BAILY, Christopher	Uckfield Runners	Vet Men 45-49	6	60.3
109	00:23:56	WHITEHORN, Vicki	Crowborough Runners	Vet Women 40-44	283	64.6
110	00:24:10	PUGH, Rebecca	Haywards Heath Harriers	Senior Women	212	61.3
111	00:24:12	HUGHES, Jenny	Arena 80 AC	Vet Women 55+	129	78.5
112	00:24:22	TURLEY, Nigel	Lonely Goats RC	Vet Men 60+	257	67.2
113	00:24:22	GREEN, Leigh-Ann		Vet Women 35-39	3148	61.0

114	00:24:26	MEYER, Grant	Seafront Shufflers	Vet Men 40-44	173	56.9
115	00:24:31	PAGE, Bob	Arena 80 AC	Vet Men 60+	192	67.9
116	00:24:43	HAFFENDEN, Tim	Horam Tardus Cursores	Vet Men 45-49	112	58.8
117	00:24:44	RAWLINSON, Paul	Portslade HedgeHoppers	Vet Men 60+	219	67.3
118	00:24:46	KIRKDALE, Brian	Hastings Runners	Vet Men 60+	143	67.2
119	00:24:55	BRUMWELL, Sue	Arena 80 AC	Vet Women 55+	35	74.4
120	00:24:56	WOOD, Phil	Eastbourne Rovers AC	Vet Men 50-54	291	59.6
121	00:25:02	NEWMAN, Sue	Crowborough Runners	Vet Women 55+	185	70.6
122	00:25:13	RAMSDEN, Robert	Run Wednesdays	Vet Men 60+	215	64.4
123	00:25:17	MERRETT, Toby	Rogue Runners	Vet Men 50-54	172	60.2
124	00:25:25	HARKER, Eva		Junior Women 14-17	114	59.0
125	00:25:26	CHERRY, Andrew		Vet Men 50-54	46	59.4
126	00:25:30	BARTLETT, Molly		Senior Women	12	57.9
127	00:25:31	GUNTER, Ricky		Senior Men	110	53.0
128	00:25:31	TWIDDY, Stan		Junior Boys U14	223	58.4
129	00:25:33	WELCH, Eileen	Crowborough Runners	Vet Women 45-49	272	62.0
130	00:25:37	WATKINS, Ian	Lingfield RC	Vet Men 60+	267	63.9
131	00:25:47	SMITH, Harry	Horam Tardus Cursores	Junior Men 14-17	236	52.2
132	00:25:51	SPILLER, Ruth	Hastings Runners	Vet Women 55+	240	70.0
133	00:25:55	HARKER, Catherine		Vet Women 45-49	113	61.7
134	00:25:56	WADMAN, Margaret	Horsham Joggers	Vet Women 55+	264	71.5
135	00:26:01	KEDWARDS, Simon		Vet Men 45-49	142	56.2
136	00:26:02	O'ROURKE, Scott	Run Wednesdays	Vet Men 50-54	190	56.7
137	00:26:03	FRASER, Bill	Hailsham Harriers	Vet Men 60+	88	67.9
138	00:26:04	CRAWFORD, Marie	Hastings Runners	Vet Women 45-49	59	62.0
139	00:26:06	SMITH, Karen		Vet Women 40-44	109	58.4
140	00:26:12	BAKER, Rachel		Vet Women 45-49	7	62.4
141	00:26:14	WERNER, Scott	Crowborough Runners	Vet Men 40-44	275	52.3
142	00:26:21	MALONEY, Fenella	Run Wednesdays	Vet Women 55+	160	67.1
143	00:26:25	COLEMAN, Tamar	Arena 80 AC	Vet Women 55+	52	72.9
144	00:26:38	PARKER, David	Uckfield Runners	Vet Men 60+	193	64.2
145	00:26:41	BURFOOT, Peter	Wadhurst Runners	Vet Men 60+	37	65.4
146	00:26:50	STATHAM-BERRY, Maggie	Lingfield RC	Vet Women 55+	241	78.7
147	00:26:55	TURLEY, Penny	Lonely Goats RC	Vet Women 55+	258	74.3
148	00:27:04	WHITEHEAD, William	Burgess Hill Runners	Vet Men 55-59	282	57.6
149	00:27:05	SCHOFIELD, John	Burgess Hill Runners	Vet Men 60+	225	68.1
150	00:27:07	PARRIS, Hector	The Three Amigo	Junior Boys U14	195	51.8
151	00:27:09	ZORN, Holly	Team Zorn	Junior Girls U14	299	59.4

152	00:27:18	BRENNAN, Sam		Senior Men	28	48.3
153	00:27:21	WEEKS, Craig	Hastings Runners	Vet Men 45-49	269	52.7
154	00:27:30	DIPLOCK, Lorraine	Heathfield RRC	Vet Women 55+	70	64.3
155	00:27:38	MAHER, Nikki		Vet Women 55+	159	64.7
156	00:27:39	BOYD, Sydney		Senior Women	26	53.4
157	00:27:39	PIPER, Mark	Lonely Goats RC	Vet Men 55-59	208	57.3
158	00:27:42	AVEY, Terry	Brighton Phoenix	Vet Men 60+	5	64.7
159	00:27:48	GIBBONS, Michael	Arena 80 AC	Vet Men 60+	99	60.4
160	00:27:50	TIGHE, John	Crowborough Runners	Vet Men 55-59	253	56.9
161	00:27:57	FRENCH, Jo	Hastings Runners	Vet Women 55+	89	65.5
162	00:28:09	BLANFORD, Fleur	Heathfield RRC	Vet Women 55+	19	66.7
163	00:28:12	GOODYEAR, Emma	Burgess Hill Runners	Vet Women 50-54	3205	59.9
164	00:28:21	WOOLLER, Jacqueline		Vet Women 55+	292	68.7
165	00:28:29	WARNER, Steve	Lingfield RC	Vet Men 60+	266	59.5
166	00:28:29	APPLETON, Marie	Hastings Runners	Vet Women 45-49	3	55.2
167	00:28:29	PEARCE, Niamh		Vet Women 50-54	201	60.0
168	00:28:32	BALLINGER, Sarah	Heathfield RRC	Vet Women 50-54	8	58.5
169	00:28:37	KEDWARDS, Samantha	Uckfield Runners	Vet Women 45-49	141	57.1
170	00:28:44	BOWLER, Karen	Cumberland AC	Vet Women 55+	25	76.7
171	00:28:48	BEGAN, Tracey		Vet Women 55+	16	64.3
172	00:28:49	BEGAN, Kevin		Vet Men 50-54	15	51.2
173	00:28:50	FRAMPTON, Katherine		Senior Women	86	51.3
174	00:29:04	WELBURY, James	Crowborough Runners	Vet Men 60+	271	56.8
175	00:29:09	BOOTH, Sue		Vet Women 55+	24	70.4
176	00:29:19	GASTON, Paul	Surrey Walking Club	Vet Men 60+	97	64.0
177	00:29:19	FERGUSON, Sarah	Lingfield RC	Vet Women 40-44	81	51.7
178	00:29:24	HARRISON, Sian		Vet Women 40-44	115	52.2
179	00:29:29	SHERIDAN, Bev	Lewes AC	Vet Women 55+	228	66.9
180	00:29:33	SHOMER, Leah		Vet Women 35-39	229	50.7
181	00:29:36	SCOTT, Jacqueline	Hastings Runners	Vet Women 50-54	227	56.4
182	00:29:39	WEST, David		Vet Men 55-59	276	53.4
183	00:29:42	JONES, Catherine	Hastings Runners	Vet Women 55+	138	66.4
184	00:29:45	JONES, Glenn	Heathfield RRC	Vet Men 60+	139	55.0
185	00:29:46	FRIZZELL, Jake	Past and Present	Junior Boys U14	91	50.1
186	00:29:46	FRIZZELL, Colin	Past and Present	Vet Men 50-54	90	49.9
187	00:29:47	BURBAGE, Colin	Run Wednesdays	Vet Men 60+	36	55.5
188	00:30:01	COLEMAN, Peter		Vet Men 60+	50	54.5
189	00:30:06	BATTELL, Kevin	Crowborough Runners	Vet Men 60+	14	53.0

190	00:30:27	LE BEAU, Chris	Seaford Striders RC	Vet Men 60+	151	62.7
191	00:30:29	MIDDLETON, Clifford	Gainsborough & Morton Striders AC	Vet Men 60+	174	68.0
192	00:30:30	LEWIS, Sam	Uckfield Runners	Vet Women 55+	153	58.6
193	00:30:32	HIGGINS, Jonathan		Senior Men	119	44.6
194	00:30:33	GOW, Kim	Burgess Hill Runners	Vet Women 55+	104	66.4
195	00:30:40	JAMES, Sue	Tonbridge AC	Vet Women 55+	135	70.8
196	00:30:44	MARZAIOLI, Sarah	Hastings Runners	Vet Women 55+	169	72.7
197	00:30:56	CUTBILL, Ron	Crowborough Runners	Vet Men 45-49	62	46.6
198	00:31:01	QUINNEY, Judith		Vet Women 55+	214	60.5
199	00:31:03	HOLLOWAY, Tanya		Vet Women 50-54	125	53.8
200	00:31:05	BARTLETT, Elle		Senior Women	11	47.5
201	00:31:06	DABBS, Sue	Run Wednesdays	Vet Women 50-54	63	54.9
202	00:31:11	WILKINS, Rosalind	Run Wednesdays	Vet Women 50-54	285	54.2
203	00:31:12	GREEN, Stephen	Uckfield Runners	Vet Men 55-59	108	49.5
204	00:31:21	BURNS, Andrew		Vet Men 60+	41	52.2
205	00:31:26	TROTT, Jacquie		Vet Women 50-54	256	54.9
206	00:31:28	SIM, Lisa		Vet Women 55+	232	55.5
207	00:31:28	STEVENS, Sasha	Eastbourne Rovers AC	Vet Women 50-54	243	53.6
208	00:31:45	GIBBONS, Christine	Arena 80 AC	Vet Women 55+	98	63.0
209	00:31:45	JONES, Tracy	Heathfield RRC	Vet Women 55+	140	59.1
210	00:31:48	FORDHAM, Erin		Junior Women 14-17	85	48.0
211	00:31:51	HODGMAN, Liz	Heathfield RRC	Vet Women 55+	121	55.5
212	00:31:57	ARCHER, Bob	Crowborough Runners	Vet Men 60+	4	59.7
213	00:31:58	WILKES, Pete	Uckfield Runners	Vet Men 60+	284	62.1
214	00:32:14	WHEELER, Sharon	Crowborough Runners	Vet Women 55+	280	59.7
215	00:32:16	BOARDMAN, Neil		Vet Men 60+	22	50.7
216	00:32:17	THOMAS, Gary		Vet Men 40-44	250	42.5
217	00:32:17	COLLINS, Ian		Junior Boys U14	55	44.7
218	00:32:39	PAWLEY, Debs	Eastbourne Rovers AC	Vet Women 40-44	198	46.7
219	00:32:42	TYSON, Yasmin		Senior Women	260	45.2
220	00:32:44	KORDA, Louise		Vet Women 50-54	148	52.2
221	00:32:55	STEWART, Theodora	Crowborough Runners	Vet Women 50-54	245	50.2
222	00:33:00	GRACE, Sara	Uckfield Runners	Vet Women 55+	106	53.6
223	00:33:03	FRIZZELL, Joseph	Past and Present	Junior Boys U14	92	55.4
224	00:33:03	COTTINGHAM, David	Past and Present	Vet Men 60+	57	50.8
225	00:33:10	KITSON, Irene	Hastings Runners	Vet Women 55+	144	63.7
226	00:33:11	WHITE, Hannah		Vet Women 50-54	281	50.3
227	00:33:14	WILLIAMS, Steph		Vet Women 45-49	286	47.7

228	00:33:14	SMITH, Paulette	Eastbourne Rovers AC	Vet Women 50-54	238	50.2
229	00:33:26	HOLLAND, Adam	Hastings Runners	Senior Men	124	39.7
230	00:33:30	RAMSDEN, Samantha	Run Wednesdays	Vet Women 55+	216	53.4
231	00:33:47	COLLIER, Barbara		Vet Women 55+	54	60.8
232	00:33:53	BRENNAN, Sophie		Vet Women 35-39	29	44.0
233	00:34:01	RANSON, Hayley	Hastings Runners	Vet Women 55+	217	54.5
234	00:34:04	PHILLIPS, Peter	Lingfield RC	Vet Men 60+	205	50.7
235	00:34:18	MANN, Susan	Hastings Runners	Vet Women 55+	161	56.8
236	00:34:34	WEST, Emma		Senior Women	277	42.7
237	00:34:47	GOWER, Rachel	Hastings Runners	Senior Women	133	42.7
238	00:34:49	CHUDASAMA, Lisa	Heathfield RRC	Vet Women 45-49	48	47.0
239	00:34:51	HUNNISETT, Darren	Heathfield RRC	Vet Men 55-59	130	44.0
240	00:34:53	YATES, Deborah	Run Wednesdays	Vet Women 55+	294	55.9
241	00:34:54	NICKOLS, Gilly	Heathfield RRC	Vet Women 55+	187	53.8
242	00:34:58	BROWN, Archie		Junior Boys U14	3014	52.3
243	00:34:58	MARSTON, Zac		Junior Boys U14	168	52.3
244	00:34:59	MARSTON, Nik		Vet Men 40-44	167	40.3
245	00:34:59	BROWN, Mike		Senior Men	300	38.4
246	00:35:07	BURRETT, Beau		Junior Boys U14	3249	52.1
247	00:35:07	BURRETT, Laurie	Hailsham Harriers	Vet Men 40-44	3306	39.1
248	00:35:23	HINDER, Graham		Vet Men 60+	120	49.4
249	00:35:50	MARSDEN, Tracey	Run Wednesdays	Vet Women 55+	164	51.1
250	00:35:50	MARSDEN, Nicola	Run Wednesdays	Senior Women	162	41.2
251	00:35:52	JENKINS, Peter	Worthing Striders	Vet Men 60+	137	50.6
252	00:35:53	MOORE, Veronica	Uckfield Runners	Vet Women 50-54	178	47.6
253	00:36:50	ROPER, Tom	Seaford Striders RC	Vet Men 60+	222	46.4
254	00:37:25	MORRISSEY, Richie		Vet Men 60+	179	51.0
255	00:37:43	SIDGWICK, Annie		Vet Women 55+	231	58.4
256	00:37:55	EDMONDSON, Tanya		Vet Women 55+	78	57.3
257	00:37:58	HOLDEN, Rebecca		Vet Women 45-49	122	42.6
258	00:37:59	PEREZ, Janet		Vet Women 55+	203	48.2
259	00:38:44	GOODWIN, Claire	Crowborough Runners	Vet Women 50-54	103	44.6
260	00:38:45	WELBURY, Dominique	Crowborough Runners	Vet Women 55+	270	51.6
261	00:38:55	WEYMAN, Penelope	Eastbourne Rovers AC	Vet Women 55+	279	45.4
262	00:39:16	DAVIS, Debbie	Eastbourne Rovers AC	Vet Women 40-44	65	38.6
263	00:39:16	WILSON, Erica	Hastings Runners	Vet Women 55+	288	58.6
264	00:40:22	SOUTHGATE, Catherine	Hastings Runners	Vet Women 45-49	239	39.6
265	00:40:29	KITSON, Terry	Hastings Runners	Vet Men 60+	145	44.3

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266	00:40:52	ZORN, Emily	Team Zorn	Junior Girls U14	298	45.4
267	00:40:53	ZORN, Anna	Uckfield Runners / Team Zorn	Vet Women 40-44	296	37.6
268	00:40:53	CANNAN-BRANIFF, Tilly		Junior Girls U14	44	45.4
269	00:40:54	CANNAN-BRANIFF, Fergus		Vet Men 40-44	43	34.5
270	00:41:02	MARSHALL, Mel	Run Wednesdays	Vet Women 40-44	166	37.7
271	00:41:03	MARSHALL, Al	Run Wednesdays	Vet Men 50-54	165	36.8
272	00:42:28	EDMONDSON, Raymond		Vet Men 60+	77	48.8
273	00:49:08	BURRELL, David		Vet Men 60+	42	52.1
274	00:49:51	FINE, Juliet	Arena 80 AC	Vet Women 50-54	82	33.9